



# HARVARD MEDICAL SCHOOL

## DEPARTMENT OF CONTINUING EDUCATION

### **ADDICTION MEDICINE: *New Evidence-based Strategies for the Prescriber*** October 16–17, 2009

at Radisson Hotel Boston, 200 Stuart Street, Boston, MA 02116

offered by The Division on Addictions, Cambridge Health Alliance, a teaching affiliate of Harvard Medical School/Psychiatry Department

Under the Direction of John R. Knight, M.D., Howard J. Shaffer, Ph.D., and Christine H. Thurmond

In October of each year, the Division on Addictions hosts a course in Addiction Medicine. The primary focus of the 2009 course is “*New Evidence-based Strategies for the Prescriber*.” This course imparts information on methods of diagnosis and protocols for intervention and management of patients with substance abuse and dependence. Our expert faculty provides a unique forum for dialogue and participant interaction.

**Goals:**

- To inform participants about new evidence-based strategies for the prescriber who medically manages patients with addiction
- To develop management methods for helping substance abusers and/or addicted patients in a variety of settings
- To inform participants of the best addiction treatment practices in both primary care and specialty settings
- To foster increased dialogue between primary care and addiction professionals, and illustrate how these specialties can work together for the benefit of individuals with addictions

**Objectives:** As a result of this course, participants will increase their understanding of:

- The role of prescription drugs for managing addictions and drug diversion
- How to medically manage addictions: Methadone maintenance, detoxification strategies, lab testing, and nicotine replacement therapy
- Treating patients with Suboxone
- How to manage dually-diagnosed patients
- How to implement evidence-based strategies when prescribing

**Attendance Limited**

**Program on Reverse Side**

Harvard Medical School is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

Harvard Medical School designates this educational activity for a maximum of 10 AMA PRA Category 1 Credit(s).™ Physicians should only claim credit commensurate with the extent of their participation in the activity.

**REGISTRATION INFORMATION:**

**Tuition Fee – Physicians \$375 (USD). Reduced Fee for Residents, Fellows in Training** (with a letter of verification from Department Chair), **and Allied Health Professionals – \$275 (USD).** All foreign payments must be made by a draft on a United States bank or by Visa or MasterCard. If paying by check, make payable to *Harvard Medical School* and mail with completed registration form: **Harvard Medical School-Department of Continuing Education, P.O. Box 825, Boston, MA 02116-0825.** If paying by credit card, please fax the completed registration form to (616) 384-8686, register online at [www.cme.hms.harvard.edu/courses/addictionmedicine](http://www.cme.hms.harvard.edu/courses/addictionmedicine), or mail it to the above address. **Telephone registrations are not accepted.** Inquiries should be directed to the above address, made by phone: (616) 384-8600 Monday–Friday, 10 AM to 4 PM (EST), or by e-mail: [hms-cme@hms.harvard.edu](mailto:hms-cme@hms.harvard.edu). Upon receipt of registration, a confirmation will be mailed to the address listed on the form.

**PLEASE NOTE:** Program changes/substitutions may be made without notice.

**ONLINE INFORMATION:**

**To register or view course information online, visit: [www.cme.hms.harvard.edu/courses/addictionmedicine](http://www.cme.hms.harvard.edu/courses/addictionmedicine)**

To ensure proper registration, please add the first three letters of the source code found at the bottom of the registration form.

**REFUND POLICY:**

A handling fee of \$60 (USD) is deducted for cancellation. Refund requests must be received by mail one week prior to the course. No refunds will be made thereafter.

**COURSE LOCATION:**

All sessions will be held at **Radisson Hotel Boston**, 200 Stuart Street, Boston, Massachusetts (Telephone: 617-482-1800).

**ACCOMMODATIONS:**

**Hotel rooms in Boston are limited. You are urged to make your reservations early.** A limited number of rooms have been reserved at the **Radisson Hotel Boston** until **September 24, 2009**. It is the Hotel’s understanding that individuals will make their own reservations by calling directly to the Reservation Department at (617) 482-1800 or by calling Radisson Worldwide at 1-800-333-3333. In order to receive the special rate, individuals must indicate that they are with the Addiction Medicine 2009 group. Individuals are responsible for making their own reservations and will be asked to guarantee for late arrival with a major credit card. Should the individual “not show” or cancel by 4:00 PM one day prior to arrival, the individual’s credit card will be charged, or any deposit will be applied for the first night’s room revenue. A map of Boston listing local hotels will be sent with your confirmation of enrollment. For additional housing assistance, call Boston Reservation at (617) 332-4199.

**TRAVEL:**

Please do not make non-refundable airline reservations until your enrollment in the course has been confirmed. You can make your airline reservation by calling the HMS Travel Desk toll free at 1(877) 4-HARVMD (1-877-442-7863) Monday – Friday 9 AM – 8 PM (EST). From outside the U.S., Canada, and the Virgin Islands, please call (617) 559-3764.

**ADDICTION MEDICINE** Class #291340

October 16–17, 2009

**Tuition Fee: \$375 (USD)**

**Residents\*/Fellows in Training\* and Allied Health Professionals: \$275 (USD)**

**Check is enclosed:** Please make your check payable to *Harvard Medical School* and mail it with this registration form to:  
**Harvard Medical School-Department of Continuing Education, P.O. Box 825, Boston, MA 02117-0825**

Please Print Clearly (All Fields Required)

Name \_\_\_\_\_ Degree \_\_\_\_\_  
First Middle Initial Last

Mailing Address \_\_\_\_\_  
Street City State Zip Code

Daytime Phone (\_\_\_\_\_) \_\_\_\_\_ Fax Number (\_\_\_\_\_) \_\_\_\_\_

E-Mail Address \_\_\_\_\_  Please check if you wish to be **excluded** from receiving email notices of future Harvard MED-CME programs.

Professional School Attended \_\_\_\_\_ Year of Graduation \_\_\_\_\_

Profession \_\_\_\_\_ Organization Affiliation \_\_\_\_\_

Primary Specialty (Physicians Only) \_\_\_\_\_ Board Certified: Yes  No

\* A letter of verification from Department Chair must accompany the registration form for a reduced fee.

Registrations paid by credit card may be made online at:  
**[www.cme.hms.harvard.edu/courses/addictionmedicine](http://www.cme.hms.harvard.edu/courses/addictionmedicine)**

☞ Online Registrants: Add the first **three characters** of the source code found here ☞

Source Code: **A B C D E F G H I X Z**

**ADDICTION MEDICINE:**  
***New Evidence-based Strategies for the Prescriber***  
**Radisson Hotel Boston**  
**200 Stuart Street, Boston, MA 02116**

**AGENDA**

**Friday, October 16, 2009**

7:15 AM	REGISTRATION	
7:50 AM	Introduction to the Course .....	John R. Knight, M.D.
8:00 AM	Keynote Address: Prescription Drugs: New Promise, New Problems .....	Melissa Riddle, Ph.D.
9:00 AM	Adolescents, ADHD, and Substance Abuse .....	John R. Knight, M.D.
10:00 AM	Laboratory Testing for Substances of Abuse .....	Sharon Levy, M.D., M.P.H.
11:00 AM	BREAK	
11:15 AM	Motivating and Treating Smoking Cessation among Those with Alcohol/Drug Problems .....	John R. Hughes, M.D.
12:15 PM	LUNCH BREAK (see area restaurants list in syllabus)	
2:00 PM	Strategies for Managing Pain and Opioid Dependence .....	Janice Kauffman, R.N., M.P.H., L.A.D.C.1., C.A.S.
3:00 PM	BREAK	
3:15 PM	Evidence-based Strategies for Preventing Substance Abuse while Treating Pain and Panel . . . .	Panelists: Robert Jamison, Ph.D., Srdjan Nedeljkovic, M.D.
5:15 PM	ADJOURN	

**Saturday, October 17, 2009**

8:30 AM	CONTINENTAL BREAKFAST	
9:00 AM	Evidence-based Strategies for Treating Anxiety and Depression in Patients with Co-occurring Substance Use Disorders .....	John Renner, Jr., M.D., C.A.S.
10:00 AM	Suboxone/Buprenorphine Treatment .....	Ximena Sanchez-Samper, M.D.
11:00 AM	BREAK	
11:15 AM	Medical Management of Alcohol and Drug Withdrawal .....	Alan Wartenberg, M.D.
12:15 AM	ADJOURN	

**PLEASE FILL OUT YOUR EVALUATION FORM – THANK YOU!**

**Course Faculty**

**John R. Hughes, M.D.**, Professor of Psychiatry, University of Vermont College of Medicine

**Robert N. Jamison, Ph.D.**, Associate Professor of Anesthesia and Psychiatry, Harvard Medical School; Clinical Psychologist, Pain Management Center, Brigham and Women's Hospital

**Janice Kauffman, R.N., M.P.H., L.A.D.C.1., C.A.S.**, Assistant Professor of Psychiatry, Harvard Medical School; Director, Addiction Treatment Services, North Charles Foundation; Director, Addiction Psychiatry Services, Brigham and Women's Hospital

**John R. Knight, M.D.**, Associate Professor of Pediatrics, Harvard Medical School; Director, Substance Abuse Research, Children's Hospital Boston

**Sharon Levy, M.D., M.P.H.**, Assistant Professor of Pediatrics, Harvard Medical School; Medical Director, Adolescent Substance Abuse Program; Associate Researcher, CeASAR, Children's Hospital Boston

**Srdjan Nedeljkovic, M.D.**, Assistant Professor of Anesthesia, Harvard Medical School; Director, Pain Fellowship Education, Pain Management Center, Brigham and Women's Hospital

**John A. Renner, Jr., M.D., C.A.S.**, Associate Professor of Psychiatry, Boston University School of Medicine; Associate Chief, Psychiatry Services, Boston Veterans Administration Outpatient Clinic

**Melissa Riddle, Ph.D.**, Chief, Behavioral and Social Sciences Research Branch, National Institute of Dental and Craniofacial Research, National Institutes of Health

**Ximena Sanchez-Samper, M.D.**, Instructor in Psychiatry, Harvard Medical School; Psychiatrist, Adolescent Substance Abuse Program, CeASAR, Children's Hospital Boston

**Howard J. Shaffer, Ph.D., C.A.S.**, Associate Professor of Psychology in the Department of Psychiatry, Harvard Medical School; Director, Division on Addictions, Cambridge Health Alliance

**Alan A. Wartenberg, M.D.**, Assistant Professor of Medicine, Tufts University School of Medicine; Medical Director, Opioid Treatment Program, DVA Medical Center Providence, RI

